

WHAT'S THE
HEALTH RISK OF
ULTRA-PROCESSED FOODS?

JOHN ERDMAN, PHD
Professor Emeritus of Nutrition and Food Science
Department of Food Science and Human Nutrition



Food tailored by campus chefs at Bevier Café paired with in-person lectures delivered by campus experts

WHEN

Tuesday, March 19 Noon-1pm Buffet style lunch opens at 11:45 REGISTER

Register by
Tuesday, March 5
www.igb.illinois.edu/lunchbox

WHERE

Spice Box Café 2nd Floor Bevier Hall 905 S Goodwin Ave Urbana, IL 61801

