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## HEALING FROM THE GROUND UP

ANYA KNECHT

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PERSONALIZED NUTRITION INITIATIVE

Food tailored by campus chefs at Bevier Café  
paired with in-person lectures delivered by campus experts

### WHEN

**Wednesday, April 17**  
**Noon-1pm**  
Buffet style lunch  
opens at 11:45

### REGISTER

**Register by**  
**Wednesday, April 3**  
[www.igb.illinois.edu/lunchbox](http://www.igb.illinois.edu/lunchbox)

### WHERE

**Spice Box Café**  
2nd Floor Bevier Hall  
905 S Goodwin Ave  
Urbana, IL 61801

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