

Couchreach BINGO

<p>Make your bed</p> 	<p>Completed an IGB Couchreach activity</p> 	<p>Ate breakfast by 9:00AM</p> 	<p>Washed your hands</p> 	<p>Elbow bumped a loved one</p> 
<p>Exercised</p> 	<p>Forgot what day it was</p> 	<p>Remembered NOT to touch your face</p> 	<p>Ate lunch</p> 	<p>Played outside</p> 
<p>Joined a Zoom meeting</p> 	<p>Stayed at home</p> 	<p>IGB free space</p>	<p>Took a shower</p> 	<p>Talked to a teacher</p> 
<p>Brushed your teeth</p> 	<p>Wrote a poem</p> 	<p>Smiled</p> 	<p>Read a book</p> 	<p>Appreciated a parent</p> 
<p>Practiced social distancing</p> 	<p>Checked on a friend</p> 	<p>Built a fort inside</p> 	<p>Watched your favorite TV show</p> 	<p>Colored a coloring sheet</p> 